

STAGEWORKS DANCE & PERFORMING ARTS 2026

MON St Heliers	MON St Heliers upstairs	TUES St Heliers	TUES St Heliers upstairs	WED St Heliers	WED Mission Bay	THUR St Heliers	SAT St Heliers
		6:30 - 7:15am ADULT BARRE FITNESS		9:30 - 10:00 PRESCHOOL DANCE		9:30 - 10:00 TODDLER & ME DANCE	8:30 - 9:00 PRESCHOOL DANCE
		9:30 - 10:30 ADULT BALLET		10:00 - 10:30 TODDLER & ME DANCE			9:00 - 9:30 PRESCHOOL DANCE
		10:30 - 11:30 SILVER SWANS BALLET (55YRS+)		10:30 - 11:00 PRESCHOOL DANCE			9:30 - 10:00 PRESCHOOL DANCE
							10:15 - 11:00 DSTARS 3 BT/JZ COMBO (4.5 - 5YRS)
3:30 - 4:15 MINI HIP HIP (5&6YRS)	3:30 - 4:15 JNR HIP HIP 1 (7-9YRS)			2:15 - 2:45 PRESCHOOL DANCE			11:00 - 11:45 DSTARS 4 BT/JZ COMBO (5+YRS)
4:15 - 5:00 G1 JAZZ (7YRS)	4:15 - 5:00 INTER HIP HIP (10-12YRS)	3:30 - 4:15 DSTARS 1 BT/JZ COMBO (4.5 - 5YRS)		3:30 - 4:00 PRESCHOOL DANCE	3:30 - 4:00 LIL TAP PRESCHOOL	3:30 - 4:00 PRESCHOOL DANCE	11:45 - 12:30 PRIMARY JAZZ (6YRS)
5:00 - 5:45 G4 JAZZ (11/12YRS)	5:00 - 5:45 SNR HIP HIP (13+YRS)	4:15 - 5:00 G2 JAZZ (8YRS)		4:00 - 4:45 G1 BALLET (7YRS)	4:00 - 4:30 LIL HIP HOP PRESCHOOL	4:00 - 4:45 DSTARS 2 BT/JZ COMBO (5+YRS)	
5:45 - 6:30 JNR CONTEMPORARY (9&10YRS)		5:00 - 5:45 G2 BALLET (8YRS)	5:00 - 5:45 JNR HIP HIP 2 (7-10YRS)	4:45 - 5:30 G1 JAZZ (7YRS)	4:30 - 5:00 MINI TAP (5&6YRS)	4:45 - 5:30 PRIMARY BALLET (6YRS)	
6:30 - 7:15 INTER CONTEMPORARY (11/12YRS)		5:45 - 6:30 G3 BALLET (9/10YRS)		5:30 - 6:15 BRONZE JAZZ (10YRS)	5:00 - 5:45 PRIMARY JAZZ (6YRS)	5:30 - 6:15 PRIMARY JAZZ (6/7 YRS)	
7:15 - 8:00 SNR CONTEMPORARY (13+YRS)		6:30 - 7:15 G3 JAZZ (9/10YRS)		6:15 - 7:00 G4 BALLET (11/12YRS)	5:45 - 6:30 JNR TAP (7-9YRS)	6:15 - 7:00 JNR BROADWAY DANCE (6-9YRS)	
8:00 - 8:45 OPEN JAZZ (13+YRS)		7:15 - 8:15 ELEV8 TROUPE		7:00 - 8:15 G5 BALLET & POINTE (13+YRS)	6:45 - 7:30 INTER TAP (10+YRS)	7:00 - 7:45 INTER BROADWAY DANCE (10+YRS)	
				7:45 - 9:00 POINTE & G7 BALLET	7:30 - 8:15 ADULT TAP	7:45 - 8:30 ADULT BARRE FITNESS	
PRESCHOOL CLASSES	5 YRS CLASSES	6 YRS CLASSES	7 YRS CLASSES	8 YRS CLASSES	9/10 YRS CLASSES	11/12 YRS CLASSES	13+YRS CLASSES